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## Student Movement - Issue 20

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## 5K Makes a Splash

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PHOTO BY JONATHAN LOGAN



### TO ERR IS HUMAN

"We need to put ourselves out there and recognize that all humanity is grappling with the beauty and tragedy of being human."

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News



Lisa Hayden  
News Editor

No Orphans of God

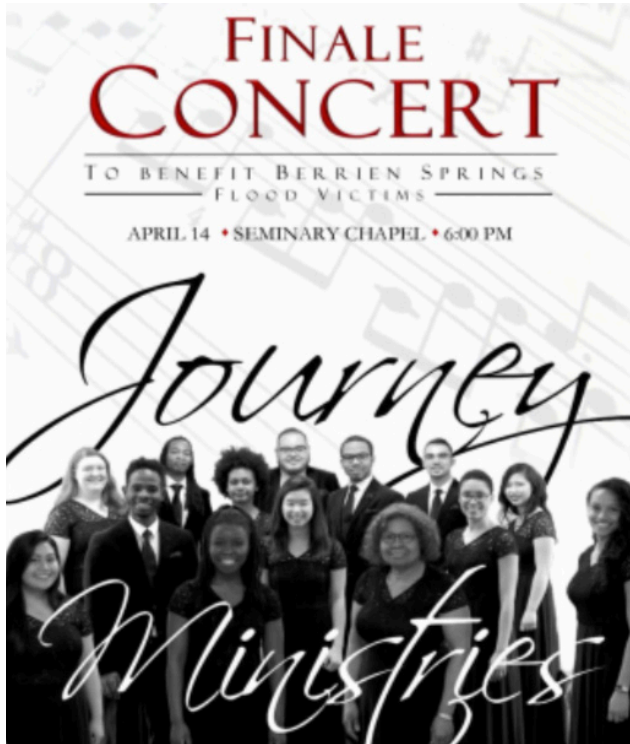


PHOTO FROM PUBLIC DOMAIN

**Yvonne Nunga** | This past Saturday, April 14, Journey Ministries held a farewell concert in the Seminary Chapel to bid adieu to the Andrews University campus and surrounding communities after

15 dedicated years of ministry. In addition, they raised funds to help the flood victims of Berrien County. Directed by Marguerite Samuel, Journey Ministries performed a total of 12

songs with four testimonies throughout the program. Among the setlist were songs composed by Samuel herself: “God Can Handle It (World Premiere)” and “My Faith Looks Up”. During the program, a brief history was given of the choir. Seminarians and cousins Martin L. Lister and Baron Savory began Journey Ministries in 2003, who felt the need to bring attention to old spirituals from composers like Nathan Carter and company. Under the mission statement “To reveal God’s love by singing relevant music, providing caring service and nurturing personal and spiritual growth,” the duo got into contact with two young women, Jewel Scott and Marguerite Samuel, who shared the same appreciation for spirituals. Throughout the years, Journey Ministries has had the opportunity to minister in locations far and wide, such as: Tennessee, Texas, Georgia and the Bahamas. Journey ministries released their first studio-recorded album, “If I Can Help Somebody” in 2006 and then in 2012 at their reunion they recorded their album, “Journey

Reunion LIVE” which was released in 2014. Beta Siri wattanakamol (sophomore, music education) has been a part of of Journey Ministries since the fall semester of 2016. Siri wattanakamol explained it was her high school music teacher, Rochelle White, who helped kickstart Journey Ministries and also influenced her to become a music education major. Siri wattanakamol said, “Part of my musical heritage closes the book on itself due to Journey’s conclusion. What I’ll miss most is the stark blend of classical and spiritual, which is something I don’t find many musical organizations participating in. This definitely impacted my spiritual life.” Wanda Cantrell, the manager and sponsor for Journey Ministries, was an original member Journey when it first started back in 2003. She said that the reason she joined was to break out of her introversion and become more social. When asked what she enjoyed about being in Journey, Cantrell said, “I love witnessing the audience’s reaction to the selection of songs, and seeing

how it touches them.” For the last three years, Journey Ministries has been delivering care packages to students in the dorms and they recently expanded it to faculty this year. Fifteen minutes of worship are incorporated into every rehearsal as a means to fellowship together. During this time, they make prayer requests and talk intimately about the boundaries in their individual lives. “If we can’t help members of the group, we can’t help anyone else through ministry”, Ms. Cantrell emphasized. Siri wattanakamol continued to describe the impact Journey had had on her life: “Journey has done a lot of things for me. It is like a family away from family, and I’m not the same person I was before joining. Without Journey Ministries, I wouldn’t be where I am today. Journey is really a work of love.”

The Rite Occasion: BSCF to Host Rite of Passage Ceremony

**Lisa Hayden** | Graduation season is upon us and there are several graduation ceremonies to attend including a consecration service on Friday, May 4, the three commencement services on Sunday, May 6, and several major specific ceremonies including: the School of Distance Education & International Partnerships Dedication & Celebration, the Department of Public Health, Nutrition & Wellness Dedication Service & Reception and many others. Among these commemorative ceremonies, Black Student Christian Forum (BSCF) will administer a Rite of Passage ceremony. This ceremony will take place on March 4 at 5 p.m. in the Lamson Hall Chapel. During this event, students

will be awarded kente stoles for their graduation. The program will begin with a formal processional of the candidates for the kente stoles and their respective mentors. After, Nia Darville (senior, speech-language pathology and audiology), the current President of BSCF, will present the occasion statement (a short speech introducing the significance of this rite of passage) for the ceremony. The charge and response will be given by Michael Polite, lead pastor of the New Life Fellowship, and Adrian Marston (Master of Divinity, second year), the previous 2014-2015 BSCF President, respectively. This is the very first Rite of Passage ceremony to ever take place on campus and

several seniors expressed the significance of what this cultural achievement means to them. Kaleem Ambrose (senior, exercise science) said, “Graduation is a big milestone and to be a part of the first class to receive the kente cloth makes it extra special. This stole is supposed to be worn in times of extreme importance by royalty and kings. Today is a milestone for many black students on campus.” The ceremony will also include musical performances by seniors Rehana Webb, Serge Gedeon and many others. Finally, Michael Nixon, vice president of diversity and inclusion on campus, will administer the mantling ceremony. Nixon will present each candidate with their kente

stoles. The stoles themselves contain the Adinkra symbol, meaning “He who does not know can know from learning,” which symbolizes life-long education. According to many graduating students, this is a ceremony that is laced with a lot more than formality. Garrison Hayes (Master of Divinity, third year) said “The Rite of Passage ceremony feels like a beautiful way to honor my academic journey and my time at Andrews. As the first person to earn a masters degree in my nuclear family, taking part in a ceremony that celebrates and honors that accomplishment within the context of my blackness is powerful. I stand squarely on the shoulders of so many who have gone before me and I am proud that that will be honored at the ceremony.”

Tyler Mason (senior, management) said, “As an African American male, graduating college isn’t something that has been normalized in our society. The ceremony at Andrews provides an environment that marks this important stage in our life when society chooses not to.”

## News

## Reaching Millennial Generations



PHOTO FROM PUBLIC DOMAIN

**Christina Mercado**

The Reaching Millennial Generations Conference took place at the Seminary and Howard Performing Arts Center from April 12-14. The conference was a gathering for spiritual leaders of the Seventh-day Adventist Church to speak about their commitment to the twenty-first century global youth culture. The spread of social media and mobile communication has created a worldwide youth culture, which presents new, fun opportunities for mission.

At the Reaching Millennial Generations Conference, attendees and students learned from practitioners, leaders and denominational administrators who shared a common calling to spread the gospel to young people. In the interactive sessions, presenters aimed to foster a mission-oriented focus from local, academic and

administrative levels to equip people to effectively preach the good news of Jesus' Second Coming.

On the first day of the conference, attendees and presenters participated in a group activity and plenary sessions with the pastor of Younger Generation Church, Allan Martin and senior pastor of Mecklenburg Community Church in Charlotte, North Carolina, James E. White at the seminary chapel. Friday kicked off with a devotional thought from Bryan Rodriguez, a traveling speaker, followed by plenary presentations and breakout sessions over a variety of topics throughout the day from Justin Khoe and Casti Yeagley.

When asked what churches with only one or two millennials can do, Yeagley replied, "Millennials are looking for a church that is welcoming

and says 'We're so glad you're here. We want you to contribute to and be part of this family.' When we speak about millennials and generations, we tend to assign categories that make that generation unique and incompatible with others. I'm not convinced that that's a good way to go. It leads to stereotypes."

In addition, Seth Pierce, Steve Case, Danielle Pilgrim, Edwin Vargas, Kleber Gonçalves, Simret Mahary, Kathy Hernandez and Andrews Flores also gave presentations on how to reach the younger generations in exciting and interesting ways.

Mahary, director of PRESENCE kulturlounge in Frankfurt, Germany, said, "There are aspects of our traditions that would transmit powerfully. We need to put ourselves out there and recognize that all humanity is

grappling with the beauty and tragedy of being human. We need an awareness that God has always been here. Embrace it."

When asked about the forecast for the Adventist Church and its relationship with younger generations is given our current trajectory, Case, organizer of the Involve Youth program, answered, "My hope is in Jesus Christ and we have to trust that he will empower us to reach this generation."

The opening of the Sabbath ended the evening with a devotional led by Judit Manchay and Sam Neves. On Saturday, April 14, participants attended additional presentations and devotionals in the HPAC auditorium from Roger Hernandez and Seth Pierce. After a lunch break, the conference resumed with Kleber Gonçalves sharing his faith and the power of storytelling in the Seminary Chapel.

Gonçalves said, "Stories help to show us how we are here for each other, if you know how to structure them: context, character, goal, conflict, resolution... We need to understand those whom we are trying to reach: what they want, what we have in common, what they know and don't know, their doubts and fears."

A presentation titled "Seven Good Reasons Millennials Don't Trust the SDA Church" struck a chord with many in attendance. The seven reasons, as outlined by speaker Todd Stout, a senior pastor of Church of the Advent Hope in Manhattan, were arrogance, exclusivity, institutionally not communally focused, sexism,

racism, inconsistency in theology and ethics.

Tatiana Correa (Master of Divinity, second year) said, "By far one of the most interactive conferences I have attended! And I couldn't agree more. Our church needs to do better in supporting and affirming millennials' passion in sharing the good news to all who come across it. Millennials are the future of our church."

In the final breakout session, Sam Neves, the Associate Communications Director at the General Conference of Seventh-day Adventists, said, "Help people find us. People are in crisis. They are searching for help. We need to provide helpful content that adds value to their lives, and then we must engage them based on their needs and interests. Our brand must be clear and add value to people. When people are in crisis, they connect with the brand that is adding value to their life."

A panel discussion concluded the conference.

Attendee Michelle Odinma (Master of Divinity, first year) said, "I personally thought the conference was refreshing. I was happy to know that there are others who agree that we can take the Adventist message, with all its depth and richness, and repackage it to fit a different context, or rather, a different generation. That affirmation alone has been a huge blessing to hear from the front."

## The Cure: AUSA Initiates Wellness Project

**Yvonne Nunga** | The end of the school year is known to be some of the hardest weeks of the academic calendar. Seniors struggle to find motivation to finish their never-ending task lists and most students are beginning to adopt weeping sessions as a regular part of their schedule. Something that took an edge off the end-of-the-year stress and put a smile on students' faces was #AUSAinfected.

Andrews University Student Association (AUSA) President

Jessica Yoong (senior, business administration) and her team decided to create the hashtag: #AUSAinfected. The idea is to infect others by spreading "contagious" acts of kindness to the population in and around our campus.

The initiation began on Sunday, April 15, 2018. Early morning at 10:00am, AUSA sponsored a breakfast at the Meier and Lamson Hall lobbies.

Miracle Richardson, (junior, biology) said, "I went to the lobby and there was so much

free food. I almost cried."

AUSA plans to continue this campaign this week by setting up a station in the Student Center where students can take time out of their busy schedule to write thank-you cards to someone of importance on campus or in the surrounding communities.

This is not specific to AUSA officers. All students and faculty are encouraged to participate by passing on kind acts to those around them.

As the spring semester comes

to a close, tension and stress is in the air as students scramble to complete all their tasks.

"The timing of this project is crucial..." AUSA Social Vice President Jordanne Howell-Walton (senior, psychology) said, "This part of the semester is especially brutal for students. The end is in sight, but stress of classes, projects and work seem to pile up at this time. It's crazy how such a small thing can drastically brighten someone's day."

The #AUSAinfected project

is living up to its full potential by encouraging students to get through their final days of the semester.



Ideas



Frentzen  
Pakpahan  
Ideas Editor

Weapons of War?

**Nathan Ruedinger** | “The AR-15 is inarguably a ‘weapon of war,’ not a hunting weapon. It and the bullets it carries are designed to shred and kill and inflict mass casualties.” So claims Dr. Harvey Burnett, Chair of the Department of Behavioral Sciences and associate professor of psychology, in an interview with The Student Movement published on 8 March 2018. Dr. Nicholas Miller, professor of church history at the Seminary, echoes this sentiment, opining that “weapons that fire at a high rate and velocity, and that have large magazine capacities, do not have useful purposes for civilians. They are simply made to kill people at a high volume, and very quickly.”

On one point, Dr. Burnett and Dr. Miller are correct. All firearms, including the AR-15, originally find their roots in warfare. Firearms were adopted by the military long before civilians began using them for hunting or any other purpose. However, they are grossly mistaken in believing that this military origin

precludes their usefulness to civilians. The bolt-action rifles so commonly used by today’s hunters were originally designed for the military. Like the semi-automatic rifles and the fully automatic weapons which succeeded them, the bolt-action repeating rifle was originally designed to allow an infantryman to fire faster than his adversary, giving him a better chance of winning the fight.

In truth, no small arm in military or law enforcement service is designed to inflict “mass casualties.” The AR-15 and weapons like it are fighting weapons, designed to give the user an advantage in a fight. The same features that make its fully automatic counterparts perfect for clearing buildings in Iraq and make it an ideal police patrol rifle, make it equally suitable for home defense. Designed to kill? Absolutely. If I am faced with potentially having to use a weapon in self-defense, I want nothing to do with one that wasn’t designed to kill. There are no Marquess of Queensbury rules in a fight to the death, and whether you are going

off to war, wearing a badge or simply trying to defend yourself and your family, when lives are on the line, you want the most effective weapon available to you.

Now, it seems that Dr. Burnett does not consider the average citizen capable of properly using any firearm in self-defense. This assessment has little basis in reality: firearms (including the AR-15, one of the most popular rifles in America today and the first choice of millions of Americans for home defense) are safely and successfully used for self-defense quite frequently. According to the left-leaning Violence Policy Center, firearms were used in self-defense about 235,700 times from 2007 to 2011, which averages to approximately 47,100 self-defense firearm uses per year. In other words, about 14,000 more Americans use firearms to defend themselves than are killed by them each year, and firearms are used for self-defense nearly four times more often than they are used for murder.

Furthermore, success rates when a firearm is used

in self-defense appear to be quite high. Between 1992 and 2002, the United States Census Bureau interviewed about 2,000 women who had been raped or sexually assaulted. Of that number, 26 used a firearm to defend themselves. “In none of those 26 cases was the rape completed; in none of the cases did the victim suffer additional injury after she deployed her weapon.” If we want to decrease the frequency of sexual assault on university campuses, why take away an avenue of self-defense and render women more vulnerable?

But what of the argument that such weapons are simply too dangerous for the average citizen? Considering the fact that anywhere between 25 and 50 percent of all rifles sold in the United States are AR-15s or similar weapons, it would appear that plenty of “average citizens” have managed to own and operate them safely. Furthermore, this widespread availability and popularity does not appear to have led to mass carnage in the streets, as only 248 people were

killed in 2014 with rifles of any kind. To put that into perspective, 660 people were killed by hands and feet that same year, per FBI statistics.

While I have the utmost respect for Dr. Burnett and Dr. Miller, on this particular subject, they appear to be woefully misinformed. The AR-15, far from having no useful purposes for civilians, is perfectly suited for civilian use, especially self-defense.

*Nathan Ruedinger is a 21-year-old Sophomore from Watertown, Wisconsin. An aspiring law enforcement officer, he is currently pursuing his bachelor’s degree in history at Andrews University.*

*The Student Movement publishes opinion articles that do not necessarily reflect the opinions of the editors of the Student Movement, Andrews University, or the Seventh-day Adventist Church.*

The Heart of It

**Frentzen Pakpahan** | Over the last few weeks, I have been sad. I’m not one to talk about my feelings or to publish them in a school newspaper, but I figured that my musings on the topic might be of some benefit to any individuals who are truly suffering. That’s because while I’ve had my share of unfortunate experiences, I really have no reason to be sad. My family is healthy, I have a solid set of friends, I exercise regularly, my schoolwork and employment keeps me engaged but not overwhelmed, and I am engaged in several ministries. What then? My parents would say, and rightly I suppose, that I’m being selfish and ungrateful.

Of course, as a theology major (or a former one) I feel I have no right to be sad or at least to show it. Scripture clearly holds the Christian life to be one of joy, and I cannot argue with

that. We above anyone else have reason to be happy—we hold the hope of being reunited with eternal life free of “Th’oppressor’s wrong, the proud man’s contumely, / The pangs of dispriz’d love, the law’s delay, / The insolence of office, and the spurns / That patient merit of th’unworthy takes” (Hamlet 3.3.72-75), to quote literature’s pitied prince. With our kind of celestial retirement plan, surely today must be worth it.

The problem is that it doesn’t feel worth it right now. A dark cloud hangs over my head and it obscures my forward vision. But it is the cloud’s indecipherable cause that worries me more than its presence. I firmly believe that passing, punctuated moments of sadness are as frequent and should be no more viewed as abnormal as those random bursts of happiness we all suffer from

(and I must say “suffer” if we are to view both the former and the latter brief whimsical journeys of our emotions, as anything resembling normal). But honestly, isn’t a month long enough, brain?

If anything, this experience has taught me the importance of self-reflection and my attitude towards life. Rather than placing blame on some external threat (as is often the case in life and even in our collective life, society and politics) I must look inward first for a cause. Am I guilty of some discrepancy between my beliefs and my lifestyle, and my conscience is rebuking me? Perhaps there is a need that I am not meeting, my life’s equilibrium thrown out of kilter due to a lack of exercise, over-studying, sleep deprivation, or poor social interactions. Rather than jump to conclusions and blame the weather (although

this Michigan swinter—spring-winter—has dragged on long enough), I have been forced to come to terms with myself. Am I the root cause of my problems?

And my conclusion to that has been an unequivocal yes. Attitude is the determining factor of the human experience. Every individual will suffer, whether fairly or unfairly, whether he can explain it or not. Being other-centered is pivotal in leading a happy life. I am not saying that you should guilt-trip yourself into feeling better because people elsewhere have it worse or to distract yourself from the reality of your own problems. Rather, I posit that honest and sincere concern for the well-being of others can place our own troubles in perspective. Suffering is a human issue, not a me, you, he, she or it issue. There is a deeper joy in being neighborly and

helpful that cannot be found in our hobbies and interests. Individualism is the American way, but we are social creatures. Introverted or extroverted, someone needs you as much as you need them—a shoulder to cry on, an attentive ear.

In any case, summer will come. I don’t just mean the season because, while I may associate it with freedom and happiness, you may not. I mean that, as with the seasons, time will bring change. The winter of the soul will melt away and not without the flowing rivulets of tears. In the meantime work, work, work and keep yourself busy. The sun will shine soon enough and the weather reports predict a toasty sixty degrees next week.

# Ideas

## Get Real!

**Andrew Kertawidjaja** | The search for authenticity is especially difficult since the dawn of digitized social interactions. Social media platforms such as Instagram, Youtube and Facebook act as an additional medium for individuals to distance themselves from authentic interactions. Instead social media is often used to post superficial statements of admiration, friendship and kindness, to quantify social approval through the use of a “like”, “follow” or “subscribe” button.

The human soul craves authenticity. This is especially true in our modern age where facades, fake personalities and fake products are often accepted as the real thing. Candidness

becomes an ideal we strive for and hardly ever reach. We desire to truly resonate with someone who is real, someone whose candor permeates every aspect and situation of their lives. When we do encounter these people, we can’t help but gravitate towards them. It is tiring to live life with fakeness around you. Therefore, in order to cleanse yourself of superficiality, I would recommend these three things.

1. Carefully select who you socialize with. American society prizes the ability to persuade and connect with a larger audience; however, it may not always be a mutually beneficial relationship when you are the constant

giver and others are always the takers. Thus, the focus should be on maximizing people whose lives enrich yours and vice versa. In order to find those people, expand your social circle to every person you encounter. From there, select the few who come to find value in who you are as a person rather than your usefulness to them, the ones who care enough to go beyond asking “how are you” and who want to know “who are you”.

2. The quality of friendship is proportional to the amount of time invested in a person. Don’t spread yourself too thin with a plethora of acquaintanceships. This is not a slight against extroversion, but an observation about the nature

of interpersonal connection. This is important because when you accumulate a large number of friends from various groups, it may seem like you have developed an intricate support network. But in most circumstances this is not the case. True friends are rare and it is far more likely and beneficial anyway for you to have two or three friends bending over backwards for you than to have a hundred friends out of circumstance and convenience with whom you can only rely on to ask a few questions with after class. Make the distinction and choose your closest friends wisely.

3. Be authentic to yourself. Do not be easily tempted and persuaded to do what

you believe to be wrong just to fit in or follow the crowd. Make sure you know your morals and standards and find individuals who respect them. Notice I did not say “agrees with” because constructive argument is essential to our own betterment and as such respect is key to healthy relationships and furthermore to friendships. By being authentic yourself, you attract those people who are not pushed around by the current of popularity or the desire for short-lived friendships. The quality of authentic friendships you receive can only be as high as the level of authenticity you are at yourself.

## Creation, Evolution and Faith



PHOTO FROM PUBLIC DOMAIN

**Delaneira Kuntoria** | In his work, *A Briefer History of Time*, Stephen Hawking likens the “mind of God” to the reasons behind why the universe formed in the way that it did and why it is the way it is. From the Big Bang model, to the violent nature of the universe, to the involvement of the Church in scientific discovery, Hawking is constantly prodding the idea of why a supposedly “perfect” and omnipotent God would allow the universe to essentially create itself in such a hectic and tumultuous manner. It seems as though the discoveries of contemporary science directly contradict the perfectly orchestrated and orderly methodology of the creation accounts

found in Genesis 1 and 2, which speak of a God of order and precision. Another issue that has superimposed rifts between faith and science is the popular controversy of evolution, the concept that proposes organisms gradually change in response to certain environmental pressures. Controversy arises when intellectuals argue that the biblical creation account is not possible due to the evidence of carbon dating and fossils that prove the world is older than a few thousand years, and that animals from the past have slowly evolved to become their modern descendants. Personally, I have never considered biblical creation and evolution as completely

incompatible worldviews. In fact, there is a way for them to blend into one harmonious understanding known as the old-earth young-life creationism.\*

While young-earth creationists believe that the earth was created within six literal days, old-earth creationists consider the process to be millions, if not billions, years long (jashow.org). This assertion is supported by a handful of possible interpretations, such as lengthening the period of time before Genesis 1, inserting gap years between Gen 1:1 and 1:2, and placing long intervals of time between six 24-hour days. There is nothing in Scripture that precludes such an explanation. Although I cannot single out the most accurate description of the world’s development, I do believe that the materials needed to create life had already been procured over long periods of time before God formed the earth that we know and love. Moreover, the young-life portion of the theory implies that God had created life recently in relation to the age of the world’s material composition.

Still, these statements do not immediately answer the question, “Where does evolution fit in?” Here is one theory. God had created new life out of

the material that already existed, and he created them perfectly but not immutable. It is important to remember that evolution is merely a description of a developmental process, and is not in itself an attack on Christianity. Evolution strives to explain how species are able to gradually change by surviving and passing down advantageous attributes to their descendants. Likely God was thoughtful enough to allow his creation to adapt throughout generations of fitting in with their environmental conditions. This way, evolution is not an adversary of the church, but a plausible tool given by God himself.

According to Hawking, knowing the “mind of God” means simply understanding the “why” of everything in this universe, and he could never understand why a perfect God would procure the world through such turbulent means. To me, the mind of God is far too vast and elaborate for the brightest human mind to even comprehend a fraction of it. The mind of the Creator transcends the capacity of humankind to comprehend and to fully appreciate it; however, our lack of understanding does not automatically discredit God’s involvement with the process such as the Big Bang model and evolution.

A perfect God does not necessitate that his creations follow the guidelines of what people constitute as perfect. Perfection is a concept created by humanity; therefore, it does not apply to that which transcends humanity. Even Hawking admitted that extremely rare thermal conditions would have been necessary to initiate the Big Bang, a case which does not necessitate but seems to suggest divine involvement. Contrary to Hawking’s view, I believe that even the extremely precise conditions and happenings of the Big Bang theory and the efficiency of evolution emphasize the existence of a perfect and exact God even more. However, to understand why God does what he does—to understand the “mind of God” according to Hawking—is completely futile for humans. The realm of divine knowledge is not a place that is appropriate for our minds to wander.

*\*It should be noted that the official position of the Adventist Church supports “a recent six-day creation” (fundamental belief 6: <https://www.adventist.org/en/beliefs/humanity/creation/>)*



Pulse



Carlyle  
Tagalog  
Pulse Editor

Rainy or Not: Here I Run



PHOTO BY JONOTHAN LOGAN

**Torian Hill** | On Sunday, April 15th, the Andrews University Psychology Club, in collaboration with a few other campus clubs, hosted its second 5K Run/Walk. This year runners supported a non-profit organization called Not All Wounds Bleed, non-profit organization dedicated to raising awareness about post-traumatic stress disorder. Registration started at 8:00 a.m. on a frigidly cold and

rainy day at the Andrews track. At the makeshift registration booth (the back of a van), runners received their tracking numbers and listened to important race directions from the organizers, who wore thick jackets and stood underneath their umbrellas. There was also an opportunity to sign up on-site for any last minute hopefuls. The Psychology Club officers arrived at the track at 6:30 a.m.

with the hope that the rain would ease up or even stop; however, that was not the case. President of the club Talisa Gonzalez (junior, psychology) said, “It was unfortunate that the rain didn’t stop but intensified before the start of the race. Fortunately, we still managed to have a few participants which was something to be grateful for.” Although the prizes were great and many people signed up, the unrelenting weather had a tremendous effect on the number of participants who attended. Only 16 of the 41 pre-registered runners showed. The torrential rain, icy winds and freezing temperatures made the race a challenging run and the competition a much smaller one. All these runners braved through the tempestuous route, splashing across puddles, running with increasingly heavy clothing, and breathing a cold moist air. With the recent construction, the 5k path also included muddy waters and surprise potholes that forced runners to strategically maneuver their running trajectory. Adding to the

challenge of the race was the risk of tripping on submerged obstructions, slipping on mini lake Michigan’s, and running with compromised vision. The first six finishers were men. 20-year-old Juston Foot (a community member) ran a time of 18 minutes and 47 seconds that allowed him to claim the first place title and prize (a hot drink machine). Coming in a minute after him with a time of 19 minutes and 13 seconds was Tommy Imazu (sophomore, medical lab science). In third place was Marcos Burgos (freshmen, pre-physical therapy), finishing with a time of 22 minutes and 58 seconds. The first to cross the finish line for the woman was Jessica Gipson (a community member) with a time of 28 minutes flat. Shortly behind her was Joanna Martinez (freshmen, pre-nursing) at 31 minutes and 29 seconds. Finishing not too far behind her in third place was Jourdan Chacon (senior, psychology), with a time of 32 minutes and 46 seconds. Jourdan said, “I was surprised at how fit Dr. Kosinski was and glad that even though the weather

was not good, everyone was enthusiastic about participating and running. I also didn’t think I would get so cold, but I was really glad that I finished strong.” Finishing strong and keeping spirits high was important to maintain positive energy to finish with good results. Because very few racers showed up, the 5K lasted only 40 minutes after the start of the event. Against the pouring rain, each runner pushed hard to finish the race around Andrews campus strong. Despite the bitter cold and harsh downpour, the participants burned rubber as their soles hit the track. As they got near the home stretch, each runner sprinted to pass the orange blow-up finish arch, indicated by ropes and cones. Despite the erratic outpour, feelings of triumph and success drenched the faces of each participant, along with the mix of cold sweat and rain, which immediately cause those same smiles to turn cold and bitter.

Graduation Weekend Schedule: May 4-6

THURSDAY, MAY 3

7:30 p.m. Rehearsal, Pioneer Memorial Church (for graduating students)

FRIDAY, MAY 4

11 a.m. Ethics Oath Ceremony— School of Business Administration  
Garber Auditorium, Chan Shun Hall

5 p.m. Teacher Dedication, Newbold Auditorium, Buller Hall

5 p.m. BSCF Rite of Passage Cultural Ceremony, Lamson Hall Chapel

8 p.m. \*Consecration Service, Pioneer Memorial Church  
(for family, visitors & graduating students)

SATURDAY, MAY 5

9 a.m. \*Graduate Baccalaureate Church Service, Pioneer Memorial Church  
(for family, visitors & graduating students)

11:45 a.m. \*Undergraduate Baccalaureate Church Service, Pioneer Memorial Church  
(for family, visitors & graduating students)

Dedication and Pinning Services (for family, visitors & graduating students)

4 p.m. Department of Nursing Pinning, Pioneer Memorial Church

4 p.m. Seminary Dedication Service, Seminary Chapel

4 p.m. Department of Religion & Biblical Languages Senior Dedication  
Newbold Auditorium, Buller Hall

5 p.m. School of Distance Education & International Partnerships Dedication & Celebration  
(andrews.edu/distance/students/gradplus/onlinecelebration)

5:30 p.m. Department of Social Work Recognition Service, University Towers Auditorium

6 p.m. Department of Public Health, Nutrition & Wellness Dedication Service and Reception  
Howard Performing Arts Center Lobby

6 p.m. Open House for Architecture Graduates, Architecture Resource Center

8:30 p.m. \*Sabbath Vespers, Pioneer Memorial Church (for family, visitors & graduating students)

9:15 p.m. President’s Reception, Great Lakes Room, Campus Center—Immediately following vespers  
(for parents & graduating students)

SUNDAY, MAY 6

8:30–10:30 a.m. \*Commencement— School of Education and Seventh-day Adventist Theological Seminary  
Pioneer Memorial Church (for family & visitors—reserved seating only)

11 a.m.–1 p.m. \*Commencement—College of Arts & Sciences, Pioneer Memorial Church  
(for family & visitors—reserved seating only)

2–4 p.m. \*Commencement—School of Architecture & Interior Design, School of Business Administration  
(includes Department of Aviation), School of Distance Education & International Partnerships  
and School of Health Professions, Pioneer Memorial Church (for family & visitors—reserved seating only)

Pulse

Neat Tricks and Gymnics: Andrew Hodgins on a Phenomenal First Season

Andrew Hodgins  
Year: Freshman  
Major: Biochemistry  
Interviewed by Daniel Self

Just like the sport he participates in, Andrew Hodgins lives a life totally dependant on balance. Bearing the weight of both scholastic and athletic endeavours, this J.N. Honors Scholar and Gymnics’s athlete has proven more than capable of balancing it all. Born above the 49th parallel (the line that divides Canada and the U.S.), Andrew continues the convention of the “friendly Canadian” with a warm smile and a love of poutine and Tim Hortons. Transitioning from high school to university, Andrew describes his first season’s experiences, as well as their team’s defining moments

**Where are you from?**  
I come from a small town called Newcastle in Ontario, Canada.

**When did you begin doing gymnastics seriously?**  
In grade nine when I tried out and made the team. I’ve been doing it ever since.

**How did you become a member of the Andrews University Gymnics team?**  
I bumped into Coach Paddock during freshman orientation week, and I was wearing a shirt from my old gymnastics team. He instantly recognized the name because he was a good friend with my old coach, and he invited me to come to tryouts—even though I was already planning to.

**What has been your favorite moment in Gymnics?**  
I’d have to say almost all of it, there’s no aspect of it that I don’t enjoy doing. We have daily practices and we travel and go to shows, which is always fun, so really all of it.

**The Gymnics performed at the Pacers halftime show last year. What did you take away from that experience?**  
It was a completely new experience for me. I’ve done shows before where you go and set up and perform for an audience in front of you, but the Pacers’ halftime show had a totally different dynamic. Because we were surrounded by people on all sides, instead of presenting to the front like we normally do, if something went

wrong, there would’ve been no way to hide it. In this case, we had to change our routines to encompass the fact that we were completely surrounded by people.

**What is the most difficult move you’ve done this year?**  
I was working on a special routine for Home Show for a routine called “acro-yoga.” Basically, it was a move where another gymnast would balance in a handstand on top of my arms while I’m on the floor. Then, she would drop over my head while I put my feet past my arms and catch her, so that she lands sitting straight up. It was pretty difficult, and took me about 15 or 16 hours practice to be able to pull it off.

**Where did Gymnics go for**

**their trip this year?**  
This year we went to Saint Croix in the US Virgin Islands, whose police department sponsored us for their Youth Week. We went down there to do shows and talk to the kids about healthy living and the principles that Gymnics stands for, such as no drugs, no alcohol and living an active lifestyle.

**What would you like to say to people who are considering trying out for Gymnics?**  
Come try out! Coach will tell you right off the bat that it is a big time commitment, which it is, but in my opinion, it is well worth it.

Food Fair Thought: Andrews Hosts Annual Food Fair



PHOTO BY IMC

Daniel Ronjak |

**Dillon Zimmerman (second year, Master of Arts in Teaching)**  
**I see you finished eating. What was your favorite food you ate today?**  
I really like the boba tea from the AFIA booth. No matter what, I pretty much always go there first so I can get the best flavors. I’d have to say boba tea is my favorite drink of all time. I also really liked the samosas.

**How likely is it that you’ll be in a food coma after this?**  
I’m going to walk around a little bit, so I think I’ll be okay. I’m not going to try sitting down anytime soon. If I sat down, I’d be in a lot of danger, but I think

I’ll be alright.

**Are there any other booths you recommend?**  
We have a new one there: the Adventist Muslim Friendship booth. I got a falafel sandwich there. It was really neat because I was a student missionary in Egypt, so it was nice to be reintroduced to the food I ate while I was there. I also recommend KASA for good Korean food.

**Junnah Choi (junior, speech-language pathology and audiology)**  
**It seems like the KASA booth has the most energy. What gives you your energy?**  
I think it’s the fact that we know our food is super good. We got

up really early and put in a lot of effort, so all of the officers know that the amount of work we put in will be worth it.

**I like that confidence. Do you think you have the best food here?**  
I don’t know if we have the best food, but we do have really good food. Our food has a good mixture of sweet and savory. There are other booths with great food too, like the Brazilian and AFIA clubs.

**What’s the best dish your club offers?**  
We have two. The first is the spicy rice cake skewers. They’re fried and smothered in a really good sauce. Our other winner is patbingsu, which is

shaved ice. It’s covered with condensed milk, mochi, and Fruity Pebbles. It’s really refreshing in this hot gym.

**Akeem James (second year, Master of Business Administration)**  
**Is this your first time at the food fair?**  
This is probably my third time. It’s really good. I look forward to it every year, and I try to get a variety of the food.

**It sounds like you’re a veteran. What’s your advice for people at the food fair?**  
I recommend trying every booth. Try to see if you can learn a little bit about the culture and the food that’s representing each culture. Since I’m from the Caribbean, I recommend checking out the West Indian section and getting some roti, curry potato, and curry channa. It’s delicious!

**Do you have a favorite booth?**  
I think my two favorites are the Peruvian booth and then the Chinese booth.

**Joshua Knowlton (junior, business administration, pre-dentistry)**  
**What are you eating?**  
That’s a great question. It’s patbingsu, the dish with shaved ice from the KASA booth. It’s very refreshing, really cold, and it has a hint of sweetness.

**Do you have any tips, tricks, and tactics for the food fair?**  
Since I’ve been here twice, I’ve picked up a few tricks. Before you buy anything, you have to walk by the booths at least twice. This gives you a feel for what the food is. Then, you start asking questions and budget out your tickets. The Korean and Filipino booths are always good choices, and they have boba.

**Phoebe Jean-Philippe (senior, behavioral science)**  
**Do you think your booth has the best food?**  
Yeah, definitely. We’re the Haitian United club and we have delicious food.

**What’s the best dish from this club?**  
Black rice. Everybody seems to love it.

**Is there another club you recommend checking out?**  
Definitely the Caribbean club; they’re right next to us. They have some really good food.



Humans



Adriana  
Santana  
Humans Editor

Life After AU: Alumnus Spotlight



PHOTO PROVIDED BY NOEL HARRIS

Noël Harris  
Andrews University Alumnus  
BA French Studies  
BS Sociology: Community &  
International Development  
**Interviewed by Adriana  
Santana**

**How was life after college initially?**  
Well, I started my masters immediately. So in some ways, there was no change—I went from studying to studying. But I did change my environment, from Andrews to a university

in Switzerland. My new university is much smaller, though, with around 800 students getting their PhD and Masters degrees. So that’s a different atmosphere for sure.  
**Why did you go all the way to Switzerland to study? Has it been challenging to work outside the country?**  
Well, I came to Geneva, Switzerland to do my Masters in international development; this city is also one of the biggest development hubs. There are

hundreds of development agencies headquartered here. There are many challenges; simply being outside of your comfort zone is a learning experience. However, I have been lucky and found a really good community of people here.  
**Tell me about your crowdfunding project. What inspired you to begin it?**  
A good friend of mine started the project for Civitas Maxima, a non-governmental

organization (NGO) that we both work for. This NGO is a legal representation for victims of war crimes. Actually, today in Philadelphia there is a sentencing for Jungle Jabbah, a Liberian warlord, and my organization worked hard on the legal side to put this trial together. So knowing the stories of the victims and the need that exists to end impunity in Liberia and around the world was really the inspiration.

**Wow, that’s amazing. Was there a lot of difficulty getting this project started?**  
The main difficulty is how to best get attention to your platform and then get people to care enough to give. In our world today, there are a lot of crowdfunding platforms, other organizations raising money, random things to buy, etc. Basically, there are a lot of things competing for money, so how do I get people to care about war crimes in Liberia?

**What do you want to accomplish in the future with this project?**  
This project is meant to fund ongoing and incoming cases that bring injustices to light. The funds will be used to collect more evidence through interviews with victims to ensure the victims’ safe travel

when they testify, and do workshops/capacity building.  
**What advice would you give to someone starting their own project like this?**  
Have a good team behind you. The success of the crowdfunding is dependent on dedication to the project. There’s a lot of aspects that can go wrong or pop up, but having good people behind you goes a long way in helping the project’s longevity.

**Lastly, what are some future goals you see yourself wanting to achieve?**  
Personally, I want to get my papers done and pass this semester, but long term, I want to continue to work in this field. I have no idea where this will take me or where I will end up, but I’m confident I’ll learn along the way.

Do It For The Culture

Surveyed by Torian Hill  
Number of Participants = 80

Do different cultures at Andrews interact with one another?  
**Yes= 41 No= 39**  
Can the university do a better job of expressing the different cultures?  
**Yes= 40 No= 40**  
Do you think culture related clubs representing their respective cultures accurately?  
**Yes= 69 N0= 11**  
Do you feel as if your culture is represented on this campus?  
**Yes= 65 No= 15**  
Should cultural clubs step up in areas where Andrews fails?  
**Yes= 58 No= 22**

Do you find it easy to approach someone of another culture?  
**Yes= 62 No= 18**  
Do you feel you understand the culture of your peers who are different from you?  
**Yes= 55 No= 25**  
Has your time at AU allowed you to become more in formed of other cultures?  
**Yes= 70 No=10**  
Do you think the professors respect their students’ cultural differences?  
**Yes= 43 No= 37**  
Do you think students respect their teachers’ cultural differences?  
**Yes= 64 No= 16**

# Humans

## Am I My Brother's/Sister's Keeper?

How would you answer this question in the context of 2018? Photos & collaboration coordinated by Scott Moncrieff



Scott E. Moncrieff  
Faculty Advisor



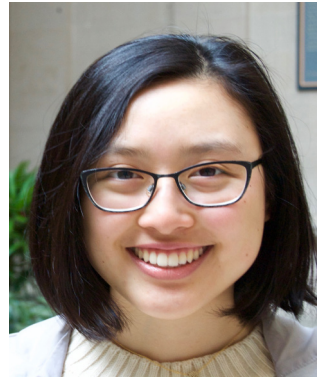
To me, being a brother's (or sister's) keeper means being an individual who can give their utmost care and guidance to someone. An individual that can lend a hand through difficult turns and obstacles while yet pointing them to the right path. If I had a friend who I cherished, but discovered that they had fallen into a pit of drug addictions, then I would reach out my hand and pull them up from those addictions to keep them safe and on the right surface. This is what I would call being a brother's (or sister's) keeper. —**Piang Piang**, Freshman, Documentary Film—**Ora Battle**, Freshman, Spanish Studies



To me, being a brother's (or sister's) keeper means being an individual who can give their utmost care and guidance to someone. An individual that can lend a hand through difficult turns and obstacles while yet pointing them to the right path. If I had a friend who I cherished, but discovered that they had fallen into a pit of drug addictions, then I would reach out my hand and pull them up from those addictions to keep them safe and on the right surface. This is what I would call being a brother's (or sister's) keeper. —**Piang Piang**, Freshman, Documentary Film



Yes, you are your brother's (sister's) keeper, especially in 2018. It's easy to keep up with people now because we are always posting all of the great things that are happening in our lives. But when someone posts a negative or depressing message do we just ignore it and keep scrolling through our feed, or do we reach out to them? When you see someone's Snapchat story, and they're doing drugs or drinking at a party do we tell them to be careful, or ask them if they need a ride home? It's not hard; be your brother's keeper. —**James Jackson**, Freshman, Architecture



I owe a debt of love to my siblings. Being my brother or sister's keeper has little to do with policing their behavior or seeking to invalidate their opinions; rather, this means that I'm there for them when they need my support, affection, or protection. I don't take responsibility for what they do, especially now that they're all old enough to make their own decisions—but I am responsible to respect them, and to do and be the best for them that I possibly can. —**Nicole Hwang**, Senior, English literature, music and pre-medicine



I do believe I am my sisters' keeper. It is my job as an older brother to watch over my siblings and make sure everything is okay. As I was growing up my brothers were my keepers. They explained to me the rights and wrongs of this world and had no problem answering any questions that I had. When I was with them I always felt safe. I hope that I have done my job as an older brother to make my sisters feel the same way. —**Josiah Everett**, Freshman, Sociology



From a childhood among my seven siblings and working in a culture of service in the family's restaurant, my lifelong belief is that I am my brother's keeper. 2018's divisive social and political climate with increased derision between brothers and sisters, has strengthened this core belief. It has also called me to greater affirmative action, to listening more deliberately and with greater love. I seek to keep my brothers and sisters by understanding and respecting their stories, especially when regarding unique struggles. From listening comes better understanding; from understanding comes respect; and from respect comes greater peace. —**Mark Moreno**, Associate Professor, School of Architecture & Interior Design



In response to Cain's question, I would have to say: yes! To me, being your sibling's keeper means that you are willing to unconditionally love and protect them. Now, this is not to say that you are responsible for every little aspect of their life. People are allowed to make their own decisions and do what they see fit for their lives, but it is your responsibility to make sure that you are there to care for and inform them if/when they do something dangerous. Being someone's keeper does not equate to babysitter; it means you're on their side no matter what. —**Haley Wright**, Freshman, Pre-Nursing



Of the challenges facing western civilization, exaggerated individualism is the most insidious and dangerous. It goes against the heart of God and true religion. Its impact is observed most in materialism, egoism and racism. "Am I my brother's keeper?" When first uttered, these words implied that one had no responsibility or duty to another. The pattern of true brotherhood was demonstrated by Christ. Do those who claim brotherhood with Christ follow his example of self-sacrificing love, and live to glorify God and elevate others? The claim of brotherhood which is not supported by clear actions is still an indictment. —**Carlisle O. Sutton**, Director, Community Engagement Integration & Service



When asked about the whereabouts of his brother, Cain simply brushed it off, arguing that it wasn't his responsibility to know where Abel was. It makes sense as a regular statement, but considering the fact that Abel was murdered by him, it gives me a reason to believe that this response was Cain's effort to deny what had happened—a vague attempt to keep God from finding out the truth. In today's society, I find that most humans in the present world keep to themselves. When asked to account for someone else, we simply brush off the responsibility. —**Gabriel Zelaya**, Freshman, Architecture



Humans are designed to thrive in community. I'm reading *Island of the Lost*, by Joan Druett, which tells the story of two shipwrecks on opposite ends of uninhabited Auckland Island in the mid 1860's. The survivors of one crew work together and survived in good health. The survivors of the other crew do not, and all but three perished. "America first" rhetoric forgets that we're all in this together, and we need to think and act like it. Living in the mini-United Nations of Andrews University serves me as a daily reminder of this. —**Scott Moncrieff**, Professor, English



Arts & Entertainment



Kelly Lorenz  
Arts &  
Entertainment Editor

That’s A Wrap



PHOTO BY JESSICA FELICO



PHOTO BY DENAE KEIZO

**David Dunham** | As a section, we here in the Arts and Entertainment page review quite a few movies. No matter how good (or bad) mainstream movies are, it is always comforting to know that Andrews has its very own film department—where artists can tell their own stories rather than just watching someone else’s. Jeriah Richardson (senior, documentary film) and Joy Ngugi (junior, documentary film) were able to share their insight on what it takes to be a film student:

**What inspired you to get into film?**  
*Jeriah:* I got into film because it was something I enjoyed doing. It was something I started getting into in high school, but never considered actually studying it until I got to Andrews.

*Joy:* The first career I ever remember wanting to have was that of a movie director. I would imagine these elaborate films in my mind. My mom even recorded two films we made as children called ‘The Carrot Movie’ and ‘Pharaoh’. I eventually let go of my film dreams for a long period of time until I watched the film ‘The Butler’. After watching that film, I just felt my heart wanting to somehow create something that could make people feel the way I felt about that film. When I discovered the black women film directors Ava Duvernay and Amma Asante I became convinced that I could actually make it as a filmmaker.

**What project are you currently working on?**  
*Joy:* The main film project I am currently working on

(along with several other film students) explores diversity and community building in the lives of kindergarteners at Ruth Murdoch Elementary School. We have been filming the kindergarten class for almost an entire school year. Out of all the film projects I have worked on, I have by far grown the most producing this one. We still have more editing to get through, but have concluded most of our filming at this point.  
*Jeriah:* I am currently working on my senior film, SXM Strong, it’s about my personal experience dealing with Hurricane Irma hitting my island when I couldn’t be there. It will be screened on the 26th of April at Newbold. (More promotion on that coming soon.)  
**What film festivals have you attended/entered?**

*Jeriah:* I’ve entered a film that I worked on to Sonscreen Film Festival last year and won Best Documentary.  
*Joy:* I attended a film festival called ‘True/False’. It’s a documentary film festival hosted at the University of Missouri every year. I have yet to submit my work for film festivals, but plan to this upcoming year.  
**What is your go-to piece of equipment, or a piece of equipment that you couldn’t live without?**  
*Jeriah:* I think my go-to piece of equipment would be my Panasonic Lumix GH5, but the piece of equipment that I can’t live without would probably be my phone. I can do so much with just my phone. I can plan, shoot and edit on my phone. I can shoot a decent short film on just my phone.  
*Joy:* I could absolutely not live without a camera—specifically a GH4 or C100. Even without all the other equipment normally used to create a film, if you have a camera, you can still create a film.  
**In creating films, what have you found to be the hardest part?**  
*Joy:* One of the hardest aspects of creating films, from my experience, has been the editing process. The editing process is generally where I spend most of my time and is what determines the prosperity or demise of any of my projects. It takes focus, constant re-evaluation, creativity and so much time.  
*Jeriah:* With documentary film, which is what I’m doing, I’d say the hardest part would

be finding the story and capturing it. A lot of times documentary filmmakers go into production with an idea of how the story will unfold, but no one can entirely predict how an ongoing event will end up so you kinda just have to go with the flow.  
**What is the most fun you have had on a shoot?**  
*Jeriah:* The most fun I’ve had on a shoot is probably when I’m shooting things that don’t matter as much—B-Roll, slow-motion, cinematic stuff. Things that I get instant satisfaction from because they look nice.  
*Joy:* The most fun I can remember having on a shoot was when myself and another film student created a short documentary exploring the societal pressures placed on black girls. The stories shared both broke and warmed my heart. It was during this time that I began to really understand my purpose as a filmmaker.  
**What is the best part of the filmmaking process?**  
*Joy:* One of the best parts of the filmmaking process is the collaboration aspect of getting to work with different people in order to fulfill your dream for a project. The film students at Andrews literally function as a family of collaborators.  
*Jeriah:* The best part of the filmmaking process to me is editing. When I take clips and edit them together I get so excited because I can finally see the film for what it is and what it can be.

Good Food. Good Pho(n).

**Kelly Lorenz** |  
213 N Main St,  
South Bend, IN 46601  
Hours:  
11 a.m. - 9 p.m. Tue-Thurs  
11 a.m. - 10 p.m. Fri-Sat  
11:30 a.m. - 8 p.m. Sun  
(574) 404-6480  
  
Nom Nom Pho brings Vietnamese and Thai comfort food to South Bend at reasonable prices. Situated in downtown South Bend, just a few blocks from the Morris Performing Arts Center, and also everything else in downtown South Bend, Nom Nom Pho carries a wide variety

of vegetarian and meat options. They’re open later than I would ever want to be out, and have even received a seal of approval from my favorite vegan. To be honest, my friend and I went here by accident at the beginning of the year when Google Maps lied to us about how late a different restaurant was open. We absolutely loved it and have gone back multiple times throughout the year, so here is a summary review:  
**Food & Prices:**  
If you don’t share food with your friends when you go out, are you really friends? Our group

always makes sure someone gets the Thai red curry, which is our collective favorite—the full bowl of steamy coconut curry and tofu paired with rice played a strong role in getting us through the extended winter. We also usually get drunken noodles, because carbs are bae. The vegetarian pho is also solid, (much harder to share, for obvious reasons, but it can be done). We’ve also tried their fresh spring rolls, which delivered on their promise of being a refreshing appetizer. Vegetarian main courses run around \$10, and appetizers between \$4.50-\$8.

**Atmosphere & Service:**  
Sadly, the atmosphere is not as cozy as the food. Settled into a building that looks like a block of office spaces, cool tones and an awkward layout give a chilly overtone. Additionally, Nom Nom Pho is not your place to grab a quick bite—service is generally pretty slow, but the wait is worth it.  
**Overall:**  
Nom Nom Pho consistently serves good food and is a great place to take your friends. Every time that we’ve visited they’ve had tables available, and it’s within a reasonable

distance from school—an perfect recipe for a dinner out. As Editor-in-Chief, Kyrk Defino, puts it: “They have good noms!”  
**4.5/5 Whisks**





## Arts & Entertainment

# Much Ado About the Theatre Wing



PHOTO BY IMC

**Sarah Mackintosh** | The Andrews University Theatre Wing held three performances of Shakespeare's beloved comedy 'Much Ado About Nothing' over the weekend of April 13-15, bringing the classic to life in a small-scale but creative and beautifully-executed way. This play, written in the middle of Shakespeare's career, follows Prince of Aragon Don Pedro, played by freshman James

Davis III, as he returns to Messina with his company of men. Two couples are thrust together as a result, leading to a battle of wits, deception and good comedy.

The AU Theatre Wing's production of 'Much Ado About Nothing' has been long-awaited by director Benjamin Koch (senior, political science and business) and his crew of actors, producers and designers—they were

originally supposed to perform 'Much Ado' during Fall 2017, but couldn't due to a limited amount of people. Assistant director Tara Staniszewski (senior, speech pathology) costarred with Koch as the title characters Beatrice and Benedick, who have been engaged in a "merry war" of wordplay and mutual roasting, and are both determined never to marry—until Don Pedro hatches a plan to bring their

hidden affections to the surface and turn their battle of wits into love. Meanwhile, Don Pedro's man Claudio, played by James Jackson II (freshman, architecture) has professed his love to Hero, played by Haley Wear (freshman, Explore Andrews). While everything seems idyllic, Don John, Don Pedro's illegitimate brother played by Newton Joseph (first year, Master of Divinity), schemes to prove Hero unfaithful, ruining their wedding, staining Hero's name, and embarrassing Claudio.

Serving up several scenes that had the audience shedding tears of laughter was Colleen Staniszewski (freshman, chemical engineering) as Dogberry, constable, leader of the incompetent, drunken night watch of Messina and connoisseur of malapropisms, the mistaken use of an incorrect word in place of the similar-sounding correct word. In a hilarious scene of slapstick comedy, the watch is somehow able to apprehend Don John and his co-conspirators. Caleb Feliciano (senior, electrical and computer engineering) says, "Dogberry made an already

funny play even funnier."

Through a classically Shakespearean twist of events, everyone ends up happily ever after—and if you haven't read or watched some adaptation of this classic play, I suggest you do.

AU Theatre Wing's performance of 'Much Ado' had the audience laughing and crying—mostly of laughter. While they still need more volunteers to work with to make set changes run more smoothly, the AU Theatre Wing is home to many talented actors and designers. I look forward to the plays they will produce in the future and, if you haven't been to any of their performances, it's an experience I highly recommend!

## Instant Follow

 kittleson\_designs



**Brianna Kittleson (junior, graphic design)** @kittleson\_designs

 visualsbyaut



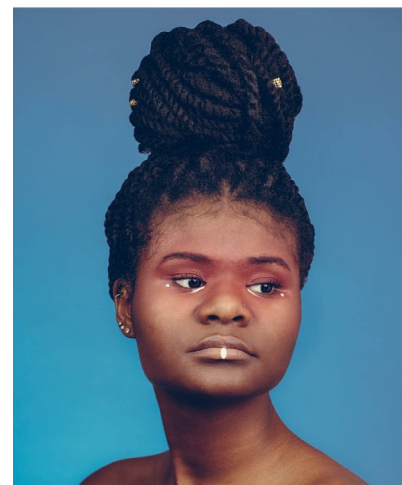
**Autumn Goodman (sophomore, photography)** @visualsbyaut

 thatolehoko



**Thato Lehoko (senior, photography)** @thatolehoko

 jessicacondonphoto



**Jessica Condon (senior, photography)** @jessicacondonphoto

If you're not following Andrews University's Visual Arts, Communication and Design (VACD) students on Instagram, you're missing out. Envious

studio lighting and well-styled model shoots will grace your timeline. Looking forward to the summer, you can plan on an influx of aesthetic and well-

organized travel photography. Additionally, many students have been working with classic film lately, inspiring us with their vintage appeal. We've

presented a brief sampling of art and design students work as a starting place. This, however, is not an exhaustive list of VACD students with appealing

professional instagram pages. Make sure to reach out to them or check out the explore page on your Instagram app to discover your local campus artists.



# The Last Word



Alexi Decker  
Copy Editor

## Faking It: Navigating Change

August, 2017. I walk into the Student Movement office for the second time in my three years at Andrews University, hands wringing the fabric of my jeans, twisting like the blood in my veins. Will I be good at this? I think. Will they like me? And then, finally, like my personality has caught up to my insecurities, Will I like them? “Hi,” I say, trying hard to project a confidence I don’t feel. “Alexi Decker. Copy editor.”

All I want to do is hunch over my laptop, turn my shoulders and back into a cave lit only by the light of my screen, but I force myself to sit up straight. First impressions are everything. We introduce ourselves, shake hands. My fingers are perpetually cold, and the nervousness makes them clammy, damp. I resist the urge to wipe them on my jeans.

I feel icky, like I’ve stepped into someone else’s shoes. I know I am vastly underprepared for this job. My grammar is decent, sure, but it’s also purely instinctual, born solely of years spent reading and writing. The last time I took anything close to a grammar class was the sixth grade.

“Let’s get to work,” Kyrk says.

The word ‘imposter’ comes to mind, and I spend the next five hours trying to forget it.

\*\*\*

A zillion years ago in the Middle Ages, people in Europe were very concerned about imposters. Medieval parents thought that fairies would sneak into their homes and steal their babies, leaving behind a changeling—an imposter—in their place. So if the kid got sick or developed differently than most children? Changeling. If the kid was bald until they were three? Changeling. If the kid was unusually precocious? Changeling. It was an easy out. If there was something they as parents didn’t feel prepared for, blaming it on “the fairies” was a great

way of not having to actually deal with it. After all, no one can expect you to deal with something if it wasn’t supposed to be yours to begin with.

And oh, how many times have I used that same excuse? Well, I wasn’t supposed to be here. . . I’m not meant for this. . . I can’t do this. . . I don’t belong.

Imposter syndrome is real. I look at the past issues of this paper on the walls of the Rec Center, and part of me wants to tear them off, repaint, start fresh. How can I lead this movement with the words of Kyrk Defino and Demetri Kirchberg and Melodie Roschman tapping me on the shoulder, asking me constantly if I measure up?

Imposter syndrome is real, and although I’m not naturally scared of people or jobs or writing, I feel the weight of this paper on my shoulders like lead, like a future I’ve never known how to claim—like I’m a changeling, thrown into a world I was never going to be ready for.

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July, 2003. The concrete scorches the pads of my five-year-old feet, and I pater as quickly as I can to the shallow end of the pool, where my dad waits.

“You ready to learn how to swim today?” Dad asks, halfway submerged in the water, the pool’s blue tile reflecting watery spotlights on his face.

I shake my head emphatically.

“But you want to go snorkeling with the fishies, don’t you?”

Well. . . He’s right about that. I’ve been excited for months to go snorkeling with the fishies.

“That means you have to learn how to swim.”

I take a couple of careful steps into the pool, the water soothing my feet. “I can swim,” I tell him.

He just laughs. “I don’t mean treading water, Darwin.”

And then, because he knows I won’t do it on my own, he leads me out past

where my toes touch the ground. I hang onto his arm for dear life, feet kicking, trying desperately to find a foothold.

“I’m right here,” he says, prying my fingers off his arm. “I won’t let you sink.”

“Don’t let go!” I say, panicked, chin dipping underwater. “I can’t do this!”

He just smiles, frustratingly nonchalant. “You have to learn how to swim, Lexi Grace. It’s now or never.”

I feel the water close over my head. I catch a moment’s glimpse of cerulean sky above me, water distorting puffy white clouds, before my eyes snap shut, burning at the chlorine. I can’t do this. I was not made for the water, I was made for earth and land and I don’t belong here, this isn’t where I was meant to be. My lungs burn; I’ve inhaled an ocean of water, I must have, otherwise I wouldn’t feel so heavy or so helpless. I kick with everything in me, hands clawing for air, and—

And I break the surface of the water, gasping, blinded by sunlight.

My dad laughs as he makes sure I’m okay. “See? You’re fine. You’re fine.”

To my surprise, I find that I am.

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I don’t know if I ever would have learned to swim if my dad hadn’t thrown me in the deep end every time we went to a pool that summer. But today, the water is my friend. I’d live on the beach if I could, spend each day with salt in my hair and fingers wrinkled from the water. The ocean feels like home—a place I belong.

I wonder sometimes about the kids labeled changelings in the Middle Ages. Did they believe it? Did they think that they were part fae, imposters, that they didn’t belong? Probably. Don’t we all?

The word ‘changeling’ didn’t always mean ‘imposter’, though. Originally, it just meant ‘one who changes’. And that broader definition includes every aspect of life itself. You aren’t alive if you aren’t changing—

changing your thoughts and opinions and assumptions, changing your body with the things you eat and the things you do. So yes, you are a changeling. We’re all changelings, all imposters, and we will never measure up to that perfect blueprint that came before. But that doesn’t mean that you were not also meant to be here.

Listen. You cannot change—you cannot learn something, you cannot become something—if you do not take yourself out of your comfort zone. So maybe we need to rethink our definition of imposter. Maybe, instead of seeing our insecurities as a bad thing, we should see them as an opportunity for growth. Maybe we are meant to impose our own future upon the world—to change it—to kick off the water and reach the surface, recreating the space around us into something that fits the people we are. So what if you aren’t ready for the future? No one is. Everyone starts out feeling like a fake.

Sometimes you have to get thrown in the deep end to learn how to swim.

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April, 2018. The weight of this paper pulls me down, and I look at next year through a watery, chlorine-burnt haze—a haze that tells me that I don’t belong, that I’m an imposter, that there’s no way on earth that I can measure up to my predecessors.

But above that haze, I know, is the sky—cerulean blue, sunlight filtering through clouds. Suddenly, the water between me and that sunshine doesn’t seem so scary. I know how to swim now.

And looking at the yellowing copies of The Student Movement covering the Rec Center walls, filled with the best and brightest words of my predecessors—well, I think maybe I’m ready to make some changes of my own.

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